



The Main Street Group
Independent Wealth Manager




ANITA STOUDMIRE

Licensed Professional Counselor


My name is Anita Stoudmire and I am a Licensed Professional Counselor, Coach, Writer and Public Speaker. More than that, I am a single mother to three amazing teenagers, a Pug named Tony and a Maine Coon feline named Jake. I love all things personal growth and I enjoy listening to books on audio, gardening, cooking and attending church services. I am a person of faith who believes in loving and accepting everyone right where they are.

I created Growth Therapy Center to inspire and empower you to become your very best right now. My counseling and coaching practice is designed to give you the tools necessary to get you back on track quickly and on to the amazing life you deserve! I am passionate about helping people discover their potential for unlimited joy and happiness no matter what circumstances they are facing in their lives.

I seek to empower clients to make informed decisions and help them handle anything that comes their way. I believe that we all have the power to make good decisions and the ability to control how we respond to the things that happen in our lives. Helping you to become the best version of yourself is my goal and if you will allow me to build a relationship with YOU, together we can get you to that place where you can feel happy and whole again!

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